

THE NEXT GENERATION LEADERSHIP PROGRAMME

After visiting South Africa for the first time in 2010 Tiamara returned to New Zealand and contemplated her time there. She had spent a month in the dangerous gangland of the Cape flats, a month in the impoverished township of Port Elizabeth and a month visiting Krugersdorp prison. What struck her was the incredible level of crime and violence in South Africa and yet there was no reintegration programme for ex-cons that would assist in reducing recidivism. With an inexplicable feeling for South Africa, a place she had previously had no relationship with she committed to returning to the country with an idea for a reintegration programme for ex-cons that could be rolled out in communities.

Tiamara moved to Soweto and lived with the family of an ex-con with the intention of meeting and mixing with ex-cons so she could understand their needs better. In the process of living family life in Soweto she decided that her skills and energy would be best applied to the prevention of crime by developing a Youth development programme based on the strengthening of human values.



It was then that she wrote The Next Generation Transformation Programme a 2 year curriculum for teens. She piloted the programme in a school for disadvantaged youth in Mayfair Johannesburg for two years with the intention of the programme spreading to schools across South Africa. However this was not an easy task and after many attempts to do this and despite the beautiful transformation and empowerment of the teens that she taught for those years eventually Tiamara moved on to other things.



NGTP CONTENT
**Creating exceptional
leaders for the future of
the nation**

VISION To empower young South Africans to truly become who they were born to be. To transform issues of apathy, entitlement, crime, violence and poverty in South Africa into a next generation of empowered leaders responsible for their own destiny and the world around them.

Making a difference in the world for the rest of their lives.

Through simple and yet profound concepts students will become powerfully connected to their purpose in life and the world. They will step into their greatness, empowered with skills that will have them operating at a heightened level of productivity, expansiveness, and contribution.

The Next Generation Transformation Programme addresses social ills in a multi layered approach:

VALUES Having a relationship with values and the practiced muscles of using those values in real life sets learners up to live life from their highest principles. They will understand their ability to choose their actions, to be responsible for their outcomes and to live as their best selves. As a result the youth are empowered to build trust, make good choices in life and nurture their self esteem.

TRANSFORMING THE ISSUE OF ANGER Learners are given a simple and profound means to transform anger and violence by understanding and learning to go beyond blame which is the root cause of all conflict, thus reducing crime and violence.

THE MATHS OF EMPOWERMENT The skills within the programme strengthen a students knowledge of how to be truly empowered in life and take responsibility for their outcomes. How to make an impact on their own negative states and make positive choices, through simple cognitive processes.

Where there is a goal for social cohesion

NGTP addresses this issue directly through the in-depth understanding of jealousy. The conscious understanding of why people choose to think of others as less-than developing a strong sense of connectedness beyond all difference.

The sense of belonging created in the group also addresses the depression suffered by youth in SA. One in three young people between the age of 15 and 24 attempt suicide in South Africa with 8952 deaths in 2011 alone.

Within the group a strong sense of belonging occurs, and there is a huge lift in self esteem and self image. Learners are armed with a tool box of skills for dealing with the challenges of life.

Where there is a goal for “a community who is focused on being givers and shapers of their own future.”

A powerful sense of leadership over their own lives and their own communities and the world at large is developed with NGTP.

The entire philosophical basis for **The Next Generation Leadership Programme** is that of responsibility for ourselves and the world around us. We teach students how to know their strengths, to identify their desire to give and their power to make choices about all aspects of their own lives. We believe this to be true empowerment.

Better academic results

Learners connect with “why” they are learning. They build self esteem, a clear direction, strong values and a self image that is all about being the best they can be in life. Naturally it follows that academics are enhanced. In our pilot group the results were marked and the staff extremely impressed.

Youth development focus on life skills training, career guidance, leadership skills and basic business entrepreneurship mindset.

Life skills

NGTP is packed with a vast array of life skills that will have a student knowing how to positively navigate, relationships, rise above challenges and live life as their best self. They will come through with a strong self image, enhanced self esteem, conflict resolution skills and an understanding of themselves in relation to others and the world.

Career Guidance

Each student comes to understand their higher purpose in life which invariably means understanding their role in impacting the world around them.

They explore and understand which career path they are most passionate about and create a 5 year plan to bring them closer to it.

They develop self- esteem and a belief in their own future. They acquire the skills to turn their dreams into reality.

Leadership Skills

In order to be a great leader one must be powerfully connect to ones own personal values. Understand what they are and know how to live by them consistently. A leader is trusted by others and trusts themselves. Students come to understand how to build trust in others and self respect in themselves. Equally they learn the impact of not living from their highest values.

PURPOSE / PASSION / CONTRIBUTION In order to be a great leader of ones own life and in the world one needs a clear sense of purpose, NGTP has a dedicated process to bring learners to a place of crystal clarity about their unique purpose. The programme weaves their purpose with their talents and has them turbo powered into a future of meaningful fulfillment of their dreams and contribution to the community and world around them.

NGTP will show our learners that they and they alone are responsible for the outcomes in their lives. We teach simple and yet transformative skills that a student can draw upon to go from victim to victor in any circumstance in life.

Basic Business Entrepreneurship Skills

The South African goal of producing a generation of entrepreneurs we believe will entail a mindset to match. A great deal more than training in economics and business will be required. To be a successful entrepreneur and not join the 50% of businesses that fail in the first five years we believe is all about how a person thinks.

One can be supported with capital, and business training, but if a person is not equipped with a powerful understanding of themselves, the tools to deal with the huge challenges internally and externally that a new entrepreneur has to endure, and the mindset that allows ideas and dreams to turn in to reality then failure is to be expected.

NGTP teaches a simple and profound process of responsibility for all situations in life. How to turn lemons into lemonade, hardship into success and challenges into adventure.

Where there is a goal for world class entrepreneurs NGTP addresses this aim directly through our content that explores, excellence, integrity, and most of all accountability which we consider a key factor in being “world class”. Being accountable is a muscle, it takes a lot of practice and is a trait that needs extensive exercise and learning in South Africa. At the end of our three year programme NGLP will have our learners naturally accountable. This one factor will dramatically increase the individuals ability to compete and succeed on a local and global level.

Values Having a relationship with values that become a rock to build upon sets a young entrepreneur up to succeed with dignity, integrity, transparency and generosity. Becoming a leader and contributor in their communities.

Success Principles In order to succeed as an entrepreneur one needs to have the stamina and a mental state that will see the distance. NGTP teaches the cognitive process of making the right choices in each moment.

Students will understand how to deal with intense challenge, fear of failure and the skills to remain inspired.

They will also learn many practical skills that will support them in the real world. How to deliver excellence, present themselves with confidence, communicate with assertive effectiveness.

What is unique about the programme

The Next Generation Transformation Programme has been developed in direct response to the issues and challenges faced by South Africa and her youth today. The programme addresses cultural deficits, while acknowledging strengths, developing and empowering the learner to grow into a strong and principled individual.

Each module of the programme builds on the previous lessons to create a process of transformation that will stay with the learner for life.

A special sound therapy via personalized music has been developed to be played with the programme to improve concentration, efficacy of learning and to reduce behaviour issues.

FOUNDER - Tiamara Williams is a social entrepreneur, TV producer, presenter, author and transformational coach for individuals, organizations and communities. She lives the life of a global citizen and change maker and is committed to bridging the gap between differences in the world. Tiamara teaches others how to live their dreams and contribute to making a better world, whether they live in a shack or a palace.

Having lived in Soweto, and worked in the townships and prisons, the estates and the suburbs Tiamara has adapted her unique understanding to “The Next Generation Transformation Programme” for the youth of Africa.

The Programme is designed to empower young people to take responsibility for their futures and the future of the world they live in with powerful and practical skills for everyday purpose driven living.

COLLABORATOR:

Dr Lance Cunningham PHD Neuroscience – A South African living in London Lance is an expert in the human brain and Neuro Linguistic Programming.

Some feedback from our students in response to The Next Generation Leadership Programme.

Gugulthu Nkosi - Since participating in The Next Generation Leadership Programme I think I can control my anger by being extraordinary happily and its because I have realised that I'm kinda short tempered so keeping my self happy brings me peace.

Ntkozo Methula- Through NGLP I have learnt that I'm unique, nobody has the kind of potential like mine.

Njabulo Moyo- I am practicing honesty.

Takalani Modau- I'm just extraordinary , many people want to be mining engineers but I want to be the most

successful mining engineer.

Tebogo Mahabane - I discovered that I am an achiever and I can achieve more in life.

Ditebogo Bokaba- I have learnt that instead of blaming I should at least take ownership.

Lusapo Nobangozo- NGLP Changed my life and it has helped me a lot because now I know how to respect people and how to control my anger.

Anezwa Sanamzi - I have discovered that I am strong and that no one can ever force me to break my values because my values are my life.

Johannes Ramocheke- I learnt that I can take ownership of my actions, I can be a very honest person. And that I have values and principles and I am loyal.

